



# RESTS / BEATS OF SILENCE

Name \_\_\_\_\_

For each note introduced in the previous lesson, there is also a **rest** that is named the same and is given the same number of (silent) beats as the corresponding note. When reading rhythm patterns or phrases, these beats of silence must be counted. Time doesn't stop in music, even when no sound is heard.

## DURATION OF NOTE AND REST VALUES

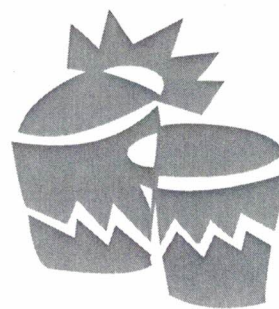
The length of time assigned to a note or a rest is indicated so the performer will know how long to play or sing each note or how long to be silent.

NOTES	RESTS	BEATS
○ Whole note	— Whole rest	4 beats
♪ Half note	— half rest	2 beats
♪ Quarter note	♪ quarter rest	1 beat
♪ Eighth note	♪ eighth rest	½ beat
♪ Sixteenth note	♪ sixteenth rest	¼ beat

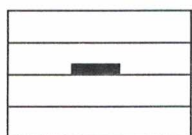
## MATCH THEM UP

Put a letter in each blank to match the correct note with the corresponding rest.

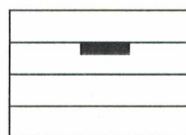
- |          |   |      |
|----------|---|------|
| _____ 1. | ♪ | a. — |
| _____ 2. | ○ | b. ♪ |
| _____ 3. | ♪ | c. ♪ |
| _____ 4. | ♪ | d. — |
| _____ 5. | ♪ | e. ♪ |



When placing rests on a staff, notice that the **half rest** sits on the third line of the staff and a **whole rest** hangs down from the fourth line. All other rests are centered.



Half Rest



Whole Rest

Practice making each rest, first in a box, then on a staff correctly.

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Whole Rest

Half Rest

Quarter Rest

Eighth Rest

Sixteenth Rest


## USING THE RESTS

Say these rhythm syllables below with a steady beat, then tap them as you repeat each line. Say 'rest' on the rests, and put hands out with palms up to designate the silent beats.

1. | | ♯ | | ♪ - ||

2. | ▭ | ♪ ♪ | | | ♯ | | ||

3. | ♪ - | | ○ | - | ||

## MUSIC AND MATH TEAM UP

Use your math and music skills to fill in the blanks.

1. ♯ is to ♪ as - is to \_\_\_\_\_.
2. ♪ is to ♪ as \_\_\_\_\_ is to ♪.
3. - is to ♪ as ○ is to \_\_\_\_\_.
4. ♪ is to ♪ as \_\_\_\_\_ is to ♪.
5. - is to - as ♪ is to \_\_\_\_\_.
6. ♪ is to ♪ as \_\_\_\_\_ is to ♪.



## BONUS QUESTIONS

1. Is it possible for a rest to have three flags? What would it be called and what would be its beat value?
2. How many total beats in 4 beat meter would these rests equal? \_\_\_\_\_

$$(- -) - (\uparrow + \uparrow) + (- + -) - (\uparrow + \uparrow) = ?$$

X